

# The Kentucky Commission on Community Volunteerism and Service

## The Cabinet for Health and Family Services



## The H E R T l i n e

T a k i n g t h e p u l s e  
Covering volunteerism and service throughout the commonwealth

This Quarter: Highlights from AmeriCorps Mid-winter training (cover) - Commission news (cover) - 2003 Governor's Awards for Outstanding Volunteer Service Ceremony (cover) - Governor's Award Winners (pgs. 3,4,5 & 6) - Summer Food Service Program (pg. 6) - Daily Points of Light awards given to Audubon Area Foster Grandparent Homeland Security Team and GRADD Homeland Security Corps (pg.7)

### AmeriCorps mid-winter training

**INFP.....ESTJ.....ESFJ.....INTP**

**A**lphabet soup.....no! These are some of the scores of the Myers-Briggs Type Indicators that the AmeriCorps members found at the

Midwinter Training they participated in at the Lake Cumberland State Resort Park on March 4, 2004.

Our trainer for the day was Rose Pennington of the Cabinet of Health and Family Services. All members had earlier taken a test which was scored and shared with them. Rose spent the day explaining the highlights of their scores and how knowledge of their personality type can strengthen their service relationships and enhance their leadership skills.



### Catherine newton

**K**CCVS is sad to report that we have lost a wonderful Commissioner, Catherine Newton. She died March 24, 2004. Mrs. Newton founded the nationally recognized and frequently modeled Boyd County Youth Services Center and worked there up to a week before she died. An avid youth advocate, she was a teacher, counselor and friend. She taught by example and her son, Adam, serves in AmeriCorps this year. We were blessed to have Commissioner Newton and are very grateful for the time she shared with us.

### Nancy macduff training

**Recruit, Strengthen, Value  
& Energize Volunteers**

Please join us on Tuesday, September 21, 2004 at the Holiday Inn Capitol Plaza, Frankfort, KY from 9 AM until 5 PM. Register by September 1, 2004 – form, cost and training details are on line at <http://volunteerky.ky.gov>.

April 2004

### 2003 Governor's awards ceremony

**T**he April showers subsided long enough to allow some dedicated volunteers to shine at the 2003 Governor's Awards for Outstanding Volunteer Service. The ceremony, held on April 22 at the Capitol rotunda in Frankfort, showcased many extraordinary Kentuckians who were nominated by their friends, families, and community members for their commitment to helping others.

The evening began with music by Jim and Marzelle Wurtsmith as the crowd enjoyed hors d'oeuvres and a Power Point presentation about the winners. Then everyone took their seats when KCCVS Commissioner and Hostess for the evening, Jana Sturm, welcomed the winners and their guests. She was followed at the podium by Commission Chair Pat Hargadon, Undersecretary Michael Fields of the Cabinet for Health and Family Services, and veteran emcee, Kellie Wilson of WKYT-TV, Lexington. Each expressed gratitude for the winners, who make the Commonwealth a better place to live. Winners were presented with a lovely trophy in the shape of Kentucky.

This was the first Governor's Awards ceremony for many of those present, including Undersecretary Fields, who spoke for everyone when he said, "I thought I had a lot of volunteer experience, but these people make me realize that I can do even more."

- Karen Asher



*"Getting Things Done in Kentucky"*

# Corporation for NATIONAL & COMMUNITY SERVICE



Throughout the newsletter are small bits for your enjoyment. Keep an eye out for them.



The happy dancing man is always accompanied by a "funny." Lighten your mood a little with a short joke.



This thinking man is followed by wise witty words from many sources. Allow him to engage your mind.



This is accompanied by a brain teaser. Go ahead, see if you can catch the solution.



This icon indicates that interesting statistics follow. It also begs the question: are all things number? From the philosophy of Pythagoras who said, "all things are number."

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## Who we are

### KCCVS COMMISSIONERS

Pat Hargadon – Chair  
Lee Nimocks– Vice Chair  
Mark Leonard – Treasurer  
Jana Sturm – Secretary

Doug Adams	Nelda Barnett
W.C. Corbin	Ken Culp III
Alan Engel	Marty Hammons
Marlene Helm	Ken Herndon
Ray Nelson	Laura E. Owens
Karen Schmalzbauer	Alan Taylor
Anne Higgins	Miguel Carlin
Phyllis Culp	Cicely Lambert
Willie H. Lile	Betsy Wells

### KCCVS STAFF

Eileen Cackowski – Executive Director  
Andrea Sieloff – Program Officer  
Carrie Bryant – Administrative Specialist  
Karen Asher – Youth & Access Programs Coordinator  
Marzelle Wurtsmith – Financial Officer

### KCCVS mission

To promote all Kentuckians working together to meet actual community needs in a way that fosters personal, family and community pride and an enduring ethic of service.

### Did you know...

U.S. Health and Human Services Secretary, Tommy G. Thompson, unveiled a single, comprehensive Web site that will contain information about finding and applying for all federal grant programs.

The Web site, Grants.gov, makes it easier for organizations to learn about and apply for federal grants. Its launch marks an important milestone in President Bush's Electronic Government (E-Gov) Initiative.

The White House Office for Management and Budget named HHS as the lead agency for this Grants.gov initiative. HHS awards more than half of all the competitive grants across the federal government.

More information about Grants.gov is available at <http://www.grants.gov>.

# 2003 Governor's Award Recipients

## Innovation Youth

### Brittany Forshee – Shepherdsville, KY

Brittany is a freshman at North Bullitt High School. She began volunteering at the Wesley Manor Retirement Home when she was five. She is well known among the residents and visitors for the special attention she gives to the birds who gather at the bird feeders outside their windows. The residents enjoy watching the birds, so Brittany assures that the birds have food and a nice place to perch. She is an honor roll student, a member of the girls' golf team, FBLA, FCA and Teen Court.



## Innovation Adult

### Orie Lebus – Lexington, KY

Orie Lebus makes a difference for individuals and his community through his dedication to the American Red Cross and the Veterans Hospital. The Red Cross recognized him last year with the Disaster Service Volunteer of the Year Award. He earned this award by giving over a thousand hours in 2003. As an emergency shelter manager during a devastating ice storm, Mr. Lebus worked tirelessly to provide a comfortable and welcoming environment to over 300 displaced individuals and families.



"Pessimists calculate the odds. Optimists believe they can overcome them." Ted Koppel

## Impact youth

### North Middle School Junior Optimist Club – Henderson, KY

The North Middle Junior Optimist Club has been a tremendous asset to its community for many years. The group, under the leadership of Mr. Roy Pullam, has done several projects for needy families including providing a Thanksgiving meal for a family in need and conducting a coat and glasses drive. They make contributions to their school by filming announcements for the student body and organizing a reading marathon to help students see the importance of reading. This group has donated 11,500 hours of service to the community.



## Impact adult

### Joel Evans – Midway, KY

Joel Evans has used his 35 years of woodworking experience for the lasting benefit of Midway. He helped establish a nature walk in the heavily forested area of Midway City Park with the assistance of 25 Boy Scouts working on their Eagle Scout Project. Together they mulched trails, placed identification signs, and planted new trees. Mr. Evans was also instrumental in establishing Midway's first Tree Board. Under his guidance all the trees in Midway's public spaces were catalogued by name and health status. He organized additional volunteers to plant 400 seedlings and helped research and write Midway's Tree Ordinance to protect the city's trees. The community will remain beautiful for





## Group business

### KY State District Council of Carpenters – Frankfort, KY

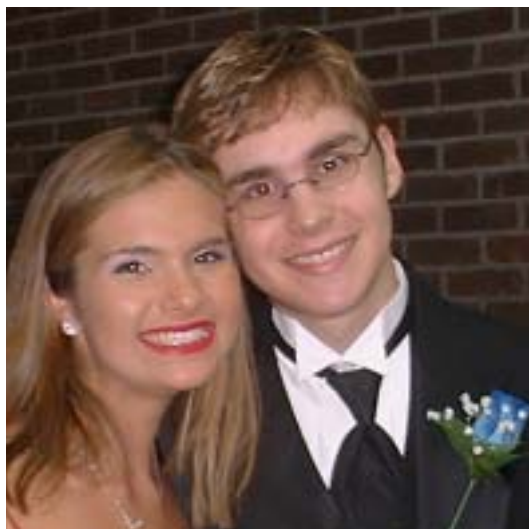
The KY State District Council of Carpenters (KSDCCC) has been involved in helping to prevent the abuse and neglect of Kentucky's children for more than five years. They have been responsible for raising more than \$100,000 to support those efforts. Not only are they building homes for families, they are building structures that house the very economic, educational and social fibers of communities that make families thrive. The quarterly KSDCC newsletter, distributed to local labor unions and others throughout the state, routinely includes parenting tips and other useful information. The innovative methods in which KSDCC has been involved in child abuse prevention efforts has been replicated nationwide.



## Challenge youth

### Joshua Gentry – Austin, KY

Josh Gentry was a typical Barren County High School student until a car accident in April, 2000 changed his life forever. Josh was not wearing his seat belt and suffered a severe brain injury. The doctors did not expect him to survive and gave his family very little hope. But Josh defied the odds and is around today to inspire others and to share



his message. He has spoken at churches, schools, and health fairs about the importance of wearing seat belts, staying in school, and being determined. He graduated with his class in 2001 and attends Western Kentucky University.

## Challenge adult

### Darlene Hammons – London, KY



Ms. Darlene Hammons has overcome many physical difficulties in the last few years, including brain aneurysms, a stroke, and having a lung removed due to cancer. Since she began volunteering at Rockcastle Hospital and Respiratory Care Center, Inc two years ago, she has made a positive impact on the patients. She spends most of her time with the babies that are on ventilators, but also assists during activities with the adult patients. She sings, plays games and provides comfort to others that are in need of a visitor, someone to hold their hand and someone who can relate to their illness. She doesn't always feel like getting up and coming, but she does because she knows others are depending on her. As a result of a publication about Ms. Darlene's efforts, other community members saw her as a role model and have come forward to volunteer at the hospital.

## Lifetime achievement

### Katherine Glutting – Henderson, KY

Miss Kate, as the students call her, has volunteered approximately 33,000 hours in the Henderson County Schools. She has had an impact on over 2,500 students and staff in her 24 years of volunteering in the district's libraries. In addition to volunteering during the school day, Miss Kate volunteers her time to help with the school's PTA activities. Miss Kate helped establish a Clothing and Household Ministry program, volunteering over 300 hours. Although she has no plans to stop anytime soon, she knows she will miss the students and teachers when she leaves, and she knows they'll miss her. She has had more than one teacher tell her, "You can't quit until I do."



## National Service - group

### The Rowan County Board of Education RSVP Volunteers - Morehead, KY

Monday mornings in the Resource Room of the Rowan County Board of Education are busy ones, filled with the sounds of endless snipping and cutting, quiet chatter and



laughter among friends. Members of the Retired and Senior Volunteer Program (RSVP), donate their Monday mornings to help teachers with a variety of projects. Morehead State RSVP has been assisting with special projects for the Rowan County Schools District for 15 years. What began as a little help has turned into an invaluable service to teachers across the district. One teacher commented, "Because this group is willing to volunteer their time for these tasks, we teachers have time to do more with the students."

## Volunteer support

### ThyssenKrupp Budd Company - Shelbyville, KY

The ThyssenKrupp Budd Company opened a manufacturing facility in Shelbyville in 1988 and immediately began demonstrating a community minded attitude. During the last five years, ThyssenKrupp Budd Corporation and its employees have donated over \$740,000 to Metro United Way, and consistently donate tens of thousands of dollars annually to many other charities.

continued ->



In addition to the monetary investment, employees donate an average of 480 hours a year through at least 60 volunteers working on various community service projects. The time, money, volunteer support, and gifts in-kind donated by ThyssenKrupp Budd has allowed agencies to maximize their resources and serve more clients.

## Group Non-Profit

### Genesis Express, Inc. - Cadiz, KY

Since its inception in 1987, Genesis Express, Inc. has given approximately 50,000 hours of service to youth, elderly and the needy. This determined and focused group of African-American men saw a need in the community and began a journey that continues to provide opportunities for persons of all ages, races, cultures, and socio-economic status. Over 25,000 citizens have been served to date, with money raised, then invested in the community. Although their main focus has been students, their boundaries are endless, bringing unity, partnerships and pride to the community by grant writing and working closely with the local government to provide programs and activities for all.



Heart disease accounts for about 30% of all deaths among American women.

Breast cancer accounts for about 3% of all deaths among American women.

But, when women are asked to identify the greatest threat to their health, the vast majority name breast cancer.

*The American Heart Association*



Why are 1998 dollar bills worth more than 1997 dollar bills?

See the answer on pg. 6



## Special award

### Bluegrass Rural Service Region

This roving award is given to the service region in the Commonwealth who collects the most beef stew for the signature project in Kentucky for Make a Difference Day. As a result of the collaborative efforts of the Family and Youth Resource Centers, AmeriCorps programs, churches, schools and interested individuals, beef stew was collected and given to homebound elderly, homebound persons with disabilities and community food pantries. The contribution made by individuals in the Bluegrass Rural Service Region, 51,068 ounces, fed at least 6,383 hungry Kentuckians. Not only did this region collect stew and literally clean the shelves in Mercer and Anderson Counties, they made sure they bought some cans with flip top lids for the homeless and cans with the label in Spanish for their Spanish speaking residents.



From pg. 3: Because 1,998 dollars is \$1 more than 1,997 dollars.

## HHCK Has a new logo

*The Homeless and Housing Coalition of Kentucky (HHCK) has a new logo. The Northern Kentucky University student that created it, William Siemer, shares his thoughts about his work on the logo.*

Judy Levey approached my Advanced Graphic Design class at NKU, and asked us to create and present a new identity for HHCK. I was thrilled to have the opportunity. I took notes on what Judy said she would like the logo to accomplish. It was my goal to show unification, cohesiveness, strength, slight "quirkiness," line sharpness, and to maintain the fact that the organization is non-profit. The logo consists of three characters holding up the roof to a home. The fact there is multiple people working together for the same cause shows unification and the cohesiveness of a coalition. The boldness of the logo and the characters show strength. Also, the composition is symmetrical and well-balanced. Overall, I believe HHCK has a new, easily identifiable logo. It has been a pleasure working with the Homeless and Housing Coalition of Kentucky.

William D. Siemer

## Summer food service program

Learning does not end when school lets out, neither does the need for good nutrition. The Summer Food Service Program is good, nutritious food to ensure that children receive meals during long school vacations, when they do not have access to school lunch or breakfast.

Parents: There is a program in your community that provides free meals to children when school is out during the summer. To find out where in your community, contact your local food service director with the school board.

Public and Private Non-Profit Agencies: The Food and Nutrition Services through the Department of Education is looking for community organizations in Kentucky, who would like to make a difference by becoming a sponsor to provide free nutritious meals to school-aged children in low-income areas to fill the hunger gap during the summer months.

Approved sponsors receive reimbursement from the United States Department of Agriculture for meals served and for the sponsor's documented operating costs. Sponsors may be units of local government, public or non-private residential summer camps, or other non-profit private organizations, schools or colleges or universities participating in the National Youth Program (NYSP). Housing projects where children reside, schools, summer parks and recreation programs, summer camps, bible schools, churches, library reading programs are just a few examples of potentially eligible sponsors or sites. Any child up to the age of nineteen may receive a free meal at an approved open site.

If you have any questions please feel free to contact:  
Chantel R. Depp  
Cabinet for Health and Family Services  
Nutrition Education & Outreach Coordinator  
Internal Policy Analyst II  
Nutrition Assistance & Accountability Section



## Congratulations in Owensboro

### GREEN RIVER AREA DEVELOPMENT DISTRICT HOMELAND SECURITY CORPS Owensboro, KY

Daily Point of Light No. 2652 -- April 5, 2004

The Green River Area Development District (GRADD) Homeland Security Corps was established September 1, 2002, to address disaster response needs in the Green River Area Seven-County District. It exceeded everyone's expectations for the first year of service. The agency committed the members to educating 1,000 community members with regard to disaster preparedness and response – they educated 38,000! The agency committed the members to establishing a network of community rapid responders who would collaborate to create a Citizen Corps Council and begin training Community Emergency Response Teams (CERT). Again, they achieved their goal!

Finally, members were able to take a mapping system that the local government had established but had never utilized, and enter data to create maps that all emergency responders have access to. This bridged a gap between city and county governments by sharing information.

All these exceeded goals were part of a work plan for the AmeriCorps grant, but no one anticipated the grant would pause on August 21 in its first service year of a three-year grant award, and not begin again until November 2003. The agencies that have grown to depend on these members were at risk of losing all assistance and putting programs like the Citizen Corps Council and CERT teams on hold. GRADD Homeland Security members refused to let this happen..

Among other tasks, GRADD Homeland Security Corps members:

- Continue to maintain the Citizens Corps meetings every other month
- Educate an additional 3,000 individuals with regard to Small Pox vaccinations, West Nile Virus, and SARS.
- Assist in coordinating a statewide training for firefighters to be attended by nearly 2,000 firefighters.
- Continue entering in mapping data for emergency responders to use.

Since September 1, 2003, the members of the GRADD Homeland Security Corps have continued going to their service site, without the AmeriCorps living allowance of \$9,800/year or reimbursement of travel costs, or even the ability to count their time as anything other than volunteer. They have put in a cumulative total of 1,036 hours just since September.

(Information obtained from Points of Light Foundation)

### AUDUBON AREA FOSTER GRANDPARENT HOMELAND SECURITY TEAM Owensboro, KY

Daily Point of Light No. 2607 -- February 2, 2004

Following two local disasters, and the bombing of September 11, 2001, a study done by the local Red Cross Chapter determined that many families were not prepared to evacuate their homes with necessary items. In his speech on November 8, 2001, President Bush cited the Senior Corps (which consists of Foster Grandparent Program, Senior Companion Program, RSVP) as he called on Americans to help fight terrorism on the home front by "making a commitment to service in our own communities." As part of the President's initiative, Senior Corps members will help prepare Americans in their homes, neighborhoods, schools, workplaces, places of worship and public spaces to deal with the potential consequences of terrorist attacks.

With this goal in mind, Audubon Area Senior Service Corps, Foster Grandparent Program, applied for and received a grant from the Corporation for National and Community Service. This homeland security grant was to focus specifically on children's issues and concerns of safety and security.

Five volunteer stations in two large counties, linked with the Audubon Area Foster Grandparent Program Homeland Security Team to help minimize the concerns of children pertaining to safety as well as disasters, both man-made and natural.

Two teams of Foster Grandparent Program senior citizen volunteers age 60 and over, consisting of five members each, receive a wide variety of training. The teams work with each station to coordinate presentations that deal with all aspects of safety/security questions or concerns on a child's level. Presentation topics include Bike Safety and Emergency Evacuation Plan/Fire Safety. Two hundred children in after-school programs were educated on the importance of being prepared for a disaster; how to recognize and deal with different types of danger or disasters; and how to prepare and store an emergency bag (E-bag). Two area hospitals donated bags for all 200 children to implement in preparing their own emergency bags. An 'Emergency Bag' guideline, developed by Audobon Area Senior Service Corps and approved by Red Cross was used in preparing the E-bags. Local pharmacies donated first-aid supplies (rubber gloves, Band-Aids, gauze and ointment) to help get their "first-aid" kit started.

These ongoing, monthly presentations, which will continue through the year 2004, will have helped children feel more confident when they are in "scary" situations. Their self-esteem has been boosted. They have a better understanding of how to handle themselves in difficult situations. Having an E-Bag ready, with some of their things of their own, provides reassurance to a child who



## WHATS ON OUR CALENDAR?

April /may/june

April 21st	Secretaries Day
May 1st	Join Hands Day
May 15th	Armed Forces Day
May 19th	AmeriCorps Program Director's meeting
May 31st	Memorial Day Observed
June 3-5th	America's Service Commissions Annual Conference
June 4th	KY READS Celebration of Service
June 4th	EKU Celebration of Service (Student Service Consortium Center)
June 14th	Flag Day
June 21st	Summer Begins

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### Next issue

- Information on 2004 Governor's Award nomination form
- Writing an award winning nomination
- Article from DJJ Promise Fellow, Stephanie Reynolds
- Prudential Spirit of Community Award Winners
- Tenth Anniversary celebration news



The Kentucky commission on community  
volunteerism and service  
The cabinet for health and family services  
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**AmeriCorps is celebrating 10  
years of service in Kentucky!**



